

# Chikondi ONE HEART ANGELS Orphanage

May 2015

Community Newsletter



## Meet Maureen, One of Chikondi's Children

Maureen is 8 years old; she is a double orphan, meaning both her parents have died, from Mpasuka village. She was brought to Chikondi by her grandfather who was 80 years old at the time and unable to care for her. Like a lot of kids at Chikondi, she wasn't ready for the public school system right away, but attended classes taught by our teacher Mr. Burton in order to catch up to others in her grade. Two years later she was ready and now attends public school with some of the other kids from Chikondi. She is in grade 4 and an excellent student. English is her best subject and she is already fluent in it. She, like the other children, is lucky to have Mr. Burton available to her and he gives her extra tutoring when she needs it. Her dream is to become a nurse when she grows up and help the people from her community. She likes to help take care of the younger kids at the orphanage. She also likes to sing and dance. It's because of your ongoing donations that she now has a bright future. Zikomo!



## Bike for the Children

Our 3<sup>rd</sup> annual Bike for the Children fundraising event is just around the corner. The two-day bike ride will be held on August 1&2 starting and ending in Campbell River's Spirit Square. Day one will end in Nanaimo at Muffeo Sutton Park downtown and riders will spend the night at Nanaimo's Best Western Dorchester Hotel. To become a rider or to volunteer and help make this the most successful ride yet, please contact Arelene Lihala by email at [helpedthechildren@hotmail.com](mailto:helpedthechildren@hotmail.com) or by phone at 1-250-204-3612.

Registration for the ride is now open and is \$125 per rider; this fee covers food, water, shared accommodation in Nanaimo, and a jersey. For more information on this event please click here: [www.chikondiorphanage.org](http://www.chikondiorphanage.org)

If you would like to support the ride we have a special one-time-only donation button set up on our website. Please click here: [www.chikondiorphanage.org](http://www.chikondiorphanage.org).

## Chichewa: The Language of Malawi

Left..... Kumansa  
Right..... Kumadzere  
Up..... Mwaba  
Down..... Pansi

## A Taste of Malawi: Mandasi, Malawian Doughnuts

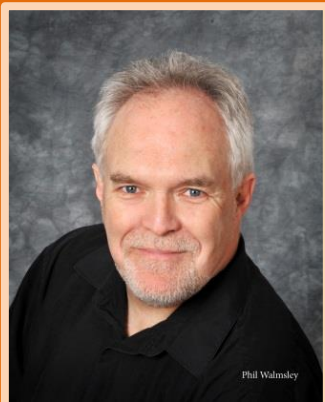
### Ingredients:

2 cups flour  
Pinch of salt  
2 tsp. baking powder  
2 tbsp. sugar  
1 egg, beaten  
1 cup milk or water  
Oil for frying



### Method:

Mix the flour, salt, baking powder and sugar together in a bowl. Then add the beaten egg and milk or water. Mix until smooth. Heat the oil to a medium temperature and then drop the batter by the spoonful into the hot oil and fry until golden brown, turning once. Remove from the oil when done and place on paper towel to absorb excess oil and enjoy.



### On the Team: Phil Walmsley, Website Designer and Editor

Phil was born in England and moved to Canada when he was one. He spent his early years in the Toronto area and moved to Vancouver Island in 1986; where he currently lives in Saltair. He was a professional photographer for 25 years and still keeps himself very busy. He enjoys designing websites, drives limousines, plays and coaches baseball, plays ice hockey, and is, along with his whole family, a graduate of Landmark Education. Helping children is a cause close to his heart as he's a father of four and a grandfather of three. He became involved with Chikondi in the spring of 2015 and gives his time to help design and edit the website, keeping it up-to-date and user friendly. He became involved with Chikondi because 100% of the donations go to the orphanage. He enjoys knowing that he's helping a charity committed solely to the children of Chikondi and the people of Malawi, and not for personal profit. His hopes for the future of Chikondi are two-fold, for now he hopes that each child who finds their way there can find a safe, loving and supportive home, and in the future, that no child ever requires the services of Chikondi or any orphanage. His personal motto is 'hoping has no power...action does though'.

**Give ♥ Love ♥ Joy**

Created by Mary Patient