

Chikondi ONE HEART ANGELS Orphanage



July 2015

Community Newsletter

Meet Paul and Jennifer, Two of Chikondi's Children

Paul and Jennifer are siblings. We met Paul when he was two years old. His spine had not developed properly and he was so fragile that he was unable to stand or walk. Their mother had died and their father was struggling to feed and care for both of them. Their father contacted us; he knew his son was so sick that he would die without intervention. Paul was so malnourished that we did not think he would survive the night. However, Edass, our head matron, was convinced that with food, love, kindness and prayer he would make it, and she was right. Slowly and with proper nutrition Paul has grown strong. When Paul came to the orphanage his older sister Jennifer was distraught. Their father, who knew that Paul needed the care that only the orphanage could provide, knew that they needed to stay together so he made the difficult decision to have them both live at the orphanage. He often comes to visit his two beautiful children and



hopes and prays for the day he'll be able to provide for them and take them home. Words cannot express how grateful he is that we were able to save his son's life and that we've been able to give both his children a loving home, food, access to medical care and an education. Jennifer is thriving at the orphanage and is so happy that she can live with her brother. She is a sweet little girl who loves to play with dolls and spends a lot of her time with Fidess and Shakila. It's because of your continued support that we are able to provide life-saving food and medical care to children who would die without it. You make the difference, zikomo (thank you)!

Happy Independence Day Malawi!

While we celebrated Canada's 148th birthday on July 1st, Malawi celebrated its 51st year of independence from Great Britain on July 6th. Malawi's Independence Day is marked much like it is in Canada with celebrations and family and friends spending time together.

3rd Annual Bike for the Children August 1st and 2nd

Just a reminder our annual Bike for the Children fundraiser is just around the corner. It's not too late to register or sponsor a rider and help make this year our most successful ride yet! For more information on this two-day 300 km bike ride, to register as a rider, or to sponsor a rider, please visit our website at www.chikondiorphanage.org or contact Arelene Lihala at 250-204-3612 or by email at helpedthechildren@hotmail.com.

Chichewa: The Language of Malawi

Grandma.....	Agogo Akazi
Grandpa.....	Agogo Amuna
Aunt.....	Azakhali
Uncle.....	Amalume

Chikondi's Board of Directors News

Jen Olsen has stepped down from the Board of Directors but will continue to help as a volunteer; zikomo (thank you) Jen for all your help over the last three years. We would like to welcome Mary Patient to the Board; she creates the monthly newsletter and will be stepping up her role to support Chikondi in new ways, including raising awareness of Chikondi and the work we're doing to raise the children and their community out of poverty.

A Taste of Malawi: Nthochi (banana) Bread

Ingredients:

1/2 cup margarine or shortening or butter
1 cup sugar
2 cups flour
1 egg
1 cup milk
1 tsp. baking powder
1 tsp. salt
5 small ripe bananas, mashed



Method:

Preheat oven to 325°F. Cream margarine/shortening/butter together with sugar then beat in egg. Add flour, salt, baking powder, milk, and bananas. Mix well to form batter and pour into greased loaf pan and bake for 90 minutes or until a toothpick comes out clean.

On the Team: Mr. Jamali J. Milanzi, Director



Jamali has been a pastor in Malawi since 2004. He loves the children of Chikondi and uses his work with Chikondi as a way to serve God. He is the founder of the Shower of Blessings Church in Blantyre, Malawi which the Chikondi family attends. He has a background in marketing management, is writing a book, and is happily married with two children. He has been on Chikondi's Board of Directors since 2012. Jamali was the pastor that married Arelene and Max and is like a brother to Max. He is a real blessing and no matter how far away he provides encouragement by reaching out on a regular basis.

Give ♥ Love ♥ Joy