Chikondi ONE HEART ANGELS Orphanage

Community Newsletter

January 2016

Happy New Year!



Wishing You and Yours a Happy and Healthy 2016!



Looking Ahead 2016

We are looking forward to a busy year at Chikondi as we get closer to achieving our long term goal; creating a self-sustaining community in Blantyre, Malawi. The Chikondi community will be a farming facility on 10 acres that will grow healthy food, raise livestock and teach sustainable land practices to staff and the surrounding community. The farm will produce food for the children and the income generated through livestock will provide sustainability. There will also be a school, church and medical centre on site that will benefit both the children and the surrounding community. Here's a look at what we have planned this year:

Our Goals:

Raise public awareness about Chikondi Increase on-going monthly donations Expand the Chikondi Volunteer Community Finalize the purchase of the 10 acre parcel of land in Blantyre, Malawi Work with ICO to create the sustainable community and orphanage in Blantyre, Malawi

Our Major Fundraisers:

May - Fashion show Gala
July - Concert in Victoria
August - 4th Annual Bike for the Children

Our Building Projects:

Start building project to create housing for 100 children, the orphanage staff, and volunteers Start building project to create the Chikondi school, church and medical centre Start plowing the land for crops and building livestock enclosures

Have You Liked Us on Facebook Yet?



Join Chikondi on Facebook, like us, and stay up-to-date on everything Chikondi, see exclusive posts and content you won't find in our newsletter or on our website. Click here to check out our page, see you there!

A Taste of Malawi: Stove Top Popcorn

Ingredients:

3-4 tablespoons oil 1/4 cup popcorn kernels Large pot with a lid Salt to taste

Method:

Put oil in a large sauce pan on high heat then add popcorn. Cook on the stove top with lid on, when



the kernels have finished popping take off the heat and add salt to taste. The children of Chikondi love this as a snack.

Chichewa: The Language of Malawi

Mom	Amaji
	Abambo
	Nyamata
	Mwakadzi

On the Team: Winter Sprowl, Social Media and Event Planning Assistant



Winter, originally from Ontario, moved to Campbell River, BC in her teens and now lives in Victoria, BC. It was in Campbell River where she first met Chikondi's founder Arelene Lihala. Although Arelene was like a second mother to her when she was a teenager, Winter hadn't seen her in almost 20 years when they ran into each other in Victoria late last year. After their chance meeting they went for coffee and Arelene told her about Chikondi, the children, our goals, and our need for more volunteers. Winter enthusiastically joined the Chikondi team and has taken on the management of our Facebook page and is acting as

Arelene's assistant helping to plan some of our 2016 fundraisers.

Her many interests include farming, fashion, modelling, event planning, helping people and volunteering. She works seasonally at Galey Farms, where she recently raised \$1000 for Cfax Santa's Anonymous through the farms annual Pumpkin Festival, and part time at Victoria Bridal Boutique. She'll be starting school in February to study Conference and Event Planning.

She gives her time to Chikondi because she likes that our locally-based, grassroots charity puts 100% of donations toward supporting the children and achieving its long-term goal of creating a self-sustaining community in Malawi. Her hope for the future of Chikondi is that 2016 is the year we are able to start building the supportive community that will provide a safe home for 100 orphans and help raise them and the surrounding community out of the cycle of poverty that so many Malawians are stuck in.